



SWISS CARE  
**Beauty**

Look great for less  
**2** FOR **£60** **Beauty**  
**Treatments**

The better we look... The better we feel...

# Look great for less

# 2 FOR £60 Beauty Treatments

Pick one item from each list

## GROUP 1

ELEMIS TRI-ENZYME FACIAL 60MIN  
ELEMIS PRO-COLLAGEN QUARTZ FACIAL 60MIN  
ELEMIS SKIN SPECIFIC 60MIN  
ELEMIS SKIN MODERN 60MIN  
VISIBLE BRILLIANCE FACIAL 60MIN  
DERMALOGICA PRESCRIPTIVE FACIAL 1HR  
DERMALOGICA AGE SMART FACIAL 1HR  
DERMALOGICA MEDICATED ACNE FACIAL 1HR  
CRYSTAL CLEAR 60MINS

NEW LIFE BODY TIGHTENING 60MIN  
TRI-ACTIVE BODY 45MIN  
ELEMIS LIME AND GINGER SALT GLOW 40MIN

**Monday - Thursday 9.30am-6pm**  
**BOTH TREATMENTS HAVE TO BE BOOKED FOR**  
**SAME DAY.** Terms and conditions apply

## GROUP 2

ELEMIS MINI FACIAL  
DM BOOSTER FACIAL  
DM FRESH START FACIAL  
CRYSTAL CLEAR 30MIN  
SALICYLIC PEEL  
TRI-ACTIVE FACE  
SWEDISH BACK, NECK AND SHOULDER MASSAGE  
30MIN  
OPI MINI MANICURE  
ST TROPEZ  
EYE LASH TINT  
EYE BROW TINT  
EYE BROW SHAPE  
BRAZILIAN WAX  
HOLLYWOOD WAX

If you require a steam and extraction please request this before the appointment starts.

## Elemis Luxury Skin Care

Elemis is the leading luxury British spa and skincare brand favored by as many as 5.7 million spa-goers per year. The successful combination of natural active ingredients with cutting-edge technology has enabled Elemis to bring to the market some of the most influential anti-ageing products and professional spa-therapies the beauty industry has ever seen.

## Elemis Tri-Enzyme Resurfacing Facial 60 mins £75

Suitable for all skin types, this groundbreaking Elemis facial is clinically proven to resurface the skin after just one treatment. An anti-ageing treatment using white truffle extract to plump skin and encourage the growth of new, youthful skin, revealing a radiant new you. Three facial masks will deeply cleanse and revive your skin while massage techniques calm and relax.

## Elemis Pro-Collagen Quartz Facial 75 mins £85

With immediate results in the fight against time, this exceptional face and eye treatment from Elemis helps to slow down the signs of premature ageing, reducing the appearance of fine lines and wrinkles on the face and crow's feet around the eye contour. Leaving a firmer, uplifted and more youthful looking appearance.

## Visible Brilliance Facial 60 mins £65

Independently tested with revolutionary results, this Anti-Ageing face and eye treatment instantly firms, plumps and rejuvenates the skin whilst reducing dark circles around the eye contour. Moisturisation levels of the skin are proven to increase by up to 38% and elasticity by 28% after just 1 treatment.

## Elemis Skin Specific Facial 60 mins £68

Whether your skin is in need of a super-saturating moisture boost, deep cleansing to restore balance or a burst of instant radiance and vitality, our skincare experts will recommend the perfect Elemis facial to suit your needs.

## Elemis Modern Skin Facial 60 mins £50

Designed for the 20-something woman, whose challenging and unpredictable skin is reacting to the stress of modern living. Bursting with anti-oxidant rich minerals and vitamins, this purifying treatment helps remove damaging toxins caused by environmental and lifestyle stresses.

## Elemis Spa Ritual 135 mins £155

The ultimate skin and body therapy for maximum results. Choose from one of the unique Elemis advanced anti-ageing or skin solutions facials and combine it with the powerful effects of the Elemis Deep Tissue Muscle Massage. Pure relaxation with dramatic results!

## Elemis Face & Body Sensation 60 mins £68

An indulgent body massage and facial combination. Relax as our therapists ease away stressed, aching muscles with an icecool thermal muscle massage, then pamper you to perfection with your choice of advanced anti-ageing Elemis facial.

## Elemis Lime & Ginger Salt Glow 40 mins £50

An exfoliation ritual to invigorate and revitalise. After light body brushing, warm oil is dripped luxuriously over the body, before the sublime Elemis Exotic Lime and Ginger Salt Glow is applied. Skin is deeply cleansed and moisturised, leaving it glowing and vibrant, replenished and flawless.

## Dermalogica

is the number one choice of skin care professionals and consumers worldwide. Why, because for over 25 years, we've been dedicated to delivering skin health results through education, innovation, and professional recommendation.

### Booster Facial 30 mins £29

This booster treatment is specifically designed to give the skin an instant glow. Starting with a deep cleanse and exfoliation we will then apply a custom made mask whilst the mask penetrates to the deepest layers of the skin. Your therapist will perform a hand and arm massage or a scalp massage. In a short time your skin will be refreshed, leaving you totally relaxed.

### Fresh Start Facial 30 mins £29

This unique method is used to gently remove congestion and leave pores deeply cleansed and refined, your skin will be looking smoother, cleaner and fresher. This treatment includes a custom made mask to suit your needs, leaving skin revitalised and soothed.

### Prescriptive Facial 60 mins £40

This revitalising treatment begins with a deep cleanse, followed by a gentle exfoliation to reveal a smooth glowing complexion, steam, extractions, mask and a relaxing face and neck massage.

### Ultimate Pampering Facial 75 mins £50

For when your skin needs more in depth attention, this facial will leave your skin cleansed, nourished, bright and glowing. This treatment uses customised botanical mixtures to address individual skin concerns along with Galvanic to encourage penetration of products into the skin.

### Age Smart 75 mins £60

This is the most powerful anti ageing treatment. This treatment is designed to help firm, smooth, nourish, regenerate and energise while controlling the biochemical triggers that lead to skin ageing. It includes a potent vitamin power exfoliation and a vitamin recovery mask for prematurely ageing, mature or devitalised skin.

### Medicated Acne Facial 60 mins £45

Our medicated clearing treatment will focus on purifying your skin with deep cleansing, followed by extractions. Formulated to improve skin clarity and reduce blemishes, while soothing redness and inflammation. Encourages balance and control of this skin condition.

### Skin Ceuticals Medically Advanced Skin Care

To maintain and improve skin health, an effective skincare regime must contain three fundamental elements – prevention, protection and correction. Our line of advanced skincare products is designed to prevent future damage, protect healthy skin, and correct previous damage.

### Salicylic Peel Treatment 30 mins £45

The salicylic treatment is designed to minimise the appearance of surface lines, smooth out rough skin texture, aid in clearing acne, and help fade hyper pigmentation. The acids in these peels remove dead cells from the surface without irritating the skin. Safe and effective, this in-office treatment minimises patient down-time and is specifically developed for use with an at-home pre-and-post treatment regime. For optimal results, apply in a minimum of 6 sessions. Consultation recommended.

### Crystal Clear Microdermabrasion

A safe, controlled method of skin exfoliation, Specific attention is given to any areas of concern such as open pores, fine lines and wrinkles, blemished skin or acne scarring, resulting in dramatically rejuvenated skin.

**Single treatment 30 minutes £40 course of 10 £360**  
**60 minutes £60 course of 10 £495**

### Massage

#### Swedish Full Body Massage 60 mins £40

#### Back, Neck and Shoulder Massage 30 mins £26

The term "Swedish massage" is generally a term applied to a variety of techniques designed to relax muscles by applying pressure to them, rubbing in the same direction as the flow of blood returning to the heart.

#### Elemis men's muscle ease full body 60mins £45

#### Elemis men's muscle ease back massage 30mins £32

A unique blend of Algae, Maritime, Pine & Rosemary essential oils to ease muscular tension and detox impurities. An ideal massage for men who are on a fitness programme.

#### Elemis Deep Tissue Full Body Massage 55 mins £60

#### Elemis Deep Tissue Neck & Back Massage 30 mins £40

Designed to relieve specific stress and muscle tension, this deep rhythmic pressure massage gives the whole body a vigorous workout. Combined with specially blended Elemis massage oils, this treatment is tailor-made to suit your own individual needs.

#### Aroma Stone Full Body Massage 75 mins £60

#### Aroma Stone Back Massage 40 mins £35

Warm Basalt stone to melt away tension. Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points, whilst luxuriously warmed oils are massaged deeply into the body for maximum relaxation.

### Elemis Nurturing Mother To Be Treatment 50 mins £60

This inspirational therapy connects mother and baby through the power of touch, working with two heartbeats as one. Specialised positioning is used to ensure the ultimate in safety, comfort and relaxation. This wonderfully relaxing treatment helps to relieve tension in the back and alleviate swelling in the hands and feet, while easing the mind and uplifting the spirit.



## Manicures and Pedicures

Our O.P.I Manicure and Pedicure treatments are designed so that even the busiest of people can have groomed hands and feet. Give your hands and feet the attention they need to soften and restore the skin and nails. Includes nail shaping, cuticle care, massage and polish. Our deluxe treatments also include a Paraffin Infusion. PLEASE BRING OPEN TOE SHOES.

Manicure	£20	Luxury Manicure	£25
Pedicure	£25	Luxury Pedicure	£30
File and Paint	£10	Blading	£15

## Shellac Nails

Shellac is a nail product that lasts for appx 14 days without chipping, scratching, or smudging. Lasting 14 days is an accomplishment all by itself but shellac does even more. Many women have noticed that their nails are stronger and healthier after using shellac. Not only does it not damage your nail but it improves your nails health.

Shellac.

Shellac Nails -	£25
Removal -	£10
Removal and Shellac -	£30

## Gel Colour by OPI

GelColor by OPI's shine-intense shades cure in 30 seconds and last for weeks! From its distinctive bottle and custom brush, to its unbeatably fast application and lightning speed cure, GelColor by OPI redefines salon gel services with durable, glossy OPI colour.

Opi Gel nails -	£25
Removal -	£10
Removal and Opi Gel -	£30

## Waxing

Regular waxing will eventually lead to much finer hair and more sparse re-growth. All of our therapist have had advanced training in all areas of waxing. Any additional waxing will be charged accordingly.

Full leg	£22
Full leg and bikini line	£30
Full leg and brazilian	£38
Full leg and hollywood	£39
Full bottom	£8
Half leg	£16
Thighs	£18
Three quater leg	£19
Bikini line	£11
Brazilian	£16
Hollywood (inc middle bottom)	£22
Middle of bottom	£5
Underarm	£9
Half arm	£12
Full arm	£16
Eye brows	£8
Lip or chin	£7
Full face inc eyebrows	£18
Sides of face	£7
Full stomach	£11
Half stomach	£8
Zip line	£5
Chest + stomach	£21
Full back	£18
Full back + shoulder	£21
Half back	£10
Lower back	£7

## Electrolysis

Up to 5 minutes	£8
Up to 10 minutes	£10
Up to 15 Minutes	£15

## Eye Treatments

Patch test required 24-48hr prior.

Eye brow tint	£7	Eyelash tint	£11
Eye brow threading	£8	Eyelash perm	£35

## St Tropez

St. Tropez Spray Tan Treatment for professional, flawless results every time. Our St. Tropez Spray Tan Treatment is the quickest way to achieve a professional, flawless finish, for a beautiful, natural-looking tan in all seasons. Delivered in around 15 minutes, the spray is quick drying and features Aromaguard™ fragrance technology which eliminates the tell-tale self tan aroma by a minimum of 70%.

Full body	£25
Including full body exfoliation	£35
Half body	£15

For better results please exfoliate before treatment. Please wear loose dark clothing.

## Universal Contour Wrap (slimming treatment)

Universal Contour Wrap is a scientifically proven inch loss treatment that guarantees you'll lose at least 6 inches in just 2 hours, making it the perfect solution when you have to look your best for that special occasion.

120 mins £75 Course of three £195

## Make Up

### Susan Posnick

Today, Susan Posnick makes beauty simple for women of all ages and all lifestyles by offering a line of makeup that combines unique formulations with innovative, portable packaging. Susan Posnick Cosmetics is the simple solution for busy women who want to put their best face forward in the least amount of time. Have a makeup lesson with one of our qualified therapists to find out how to create different looks to flatter your skin type.

Make Up Lessons - £30





**SWISS CARE**  
cosmetic, laser and beauty clinic

## Open Hours

Mon - Fri 9.30am - 9.00pm  
Saturday 9.00am - 7.00pm  
Sunday 11.00am - 5.00pm

For Appointments Call: 0208 886 2600 or visit  
[www.swiss-care.com](http://www.swiss-care.com) 388 Green Lanes, Palmers Green,  
London, N13 5XQ

## Cancellation Policy

As a courtesy to our other clients and therapists, please give 24 hours notice if you need to cancel or reschedule an appointment. Cancellations without 24 hours notice will result in a 50% charge incurred.

## Gift Vouchers

Swiss Care Clinic will be pleased to assist you with any of the treatment packages selections or gift vouchers. Credit card orders can be taken over the phone and we will be delighted to post you the receipt for your gift voucher.

## Phone Policy

In order that you benefit completely from your relaxation time with us and as courtesy to other clients we ask that mobile phones be put on silent during your visit.

## Important information

All Courses and pre-paid treatments are valid for 12 months from purchase date and are non refundable. When arriving late, treatment will be reduced.

Children are not permitted in any of our treatment rooms.

[www.swiss-care.com](http://www.swiss-care.com)